

SOLAS



**St. Aidan's Community College, Dublin Hill, Cork,
Newsletter Issue 22 Summer 2009**

Tel: 021- 430 9598 Fax: 021-430 3274

Email: aidanscork@eircom.net

A WORD FROM THE PRINCIPAL

Once again it has been an extremely busy year for the staff, students and parents of St. Aidan's Community College. Our enrolment continues to rise with over one hundred and seventy students entering First Year last September. This reflects the dedication and commitment of the staff and students in the College. Despite the many educational cutbacks endured by the College, I am pleased to announce that funding has been allocated for the building of additional classrooms. It is hoped to have these ready by early September.

This year saw the College celebrate its twenty-fifth anniversary and this was marked by a joint celebration with our neighbouring primary school Scoil Oilibhéir. The College also opened its newly refurbished library and we were delighted to name it in honour of the first Principal of St. Aidan's Community College, Dr. F. J. Steele, who was present at the occasion.

I am sure as you read through the pages of Solas you will get the sense of a successful, vibrant, active school. It has always been the aspiration of the college to educate the whole person in body, mind and spirit and the following pages reflect the academic, social and cultural development of our students.

As we enter a challenging period in education, it is increasingly important that we focus on the positive. Our motto 'bíodh bhur solas ag taitheamh' - let your light shine continues to guide us through these turbulent times.

Finally, I wish to say a sincere word of thanks to our staff who work tirelessly for their students, to our parents who support us in many different ways and to our students who are caring, humorous and a true source of inspiration for the future.

Mr. Liam Ahern



Cúig Bliain is Fíche ag Fás i mBaile Uí Mhaoláin

On March 27th 2009, St. Aidan's and Scoil Oilibhéir held a joint birthday celebrating their 25th anniversaries. Both schools, which are located just 100 metres apart, opened on the same day in September 1983 and have since endeavoured to provide the very best in Primary and Secondary Education to the youth of the community. As the majority of pupils from Scoil Oilibhéir tend to transfer on to St. Aidan's, the schools held a joint celebration which included the cutting of a special birthday cake and the awarding to both schools of a cherry blossom tree to mark 25th years of growth in the Ballyvolane/Dublin Hill area.

In a particularly memorable moment in the morning's proceedings, two of the youngest pupils from Scoil Oilibhéir, John Kelleher and Faustina Long exchanged plaques with two of the oldest from St. Aidan's, Sara O'Brien and Cian Kearney, to mark the occasion.

Mr. Liam Ahern, Principal of St. Aidan's, in his address, spoke of the close relationship that exists between the schools and of the importance of honouring such an historic occasion. He praised the tremendous service that the schools offer to the locality.

Mr. Jimmy Daly, Principal Scoil Oilibhéir in his address, said he welcomed the opportunity to look back with great pride on what has been achieved to date, to commend both schools on their commitment to the local community, to celebrate it in each other's company and to look forward with even greater hope to the next twenty five years.

Roy Buckley, a past pupil of both schools, provided musical entertainment on the day and the poet Theo Dorgan was the special guest of honour at the event.

..to page four..

DR F. J. STEELE LIBRARY

This Library is named in honour of Dr F. J. STEELE, D. Phil., (1920-2003) Founding Principal of St. Aidan's Community College, 1983-2003. He ignited the spark and nurtured the light; long may it shine. It was officially opened by Dr. Steele on 3rd April, 2009.

"Educate that you may be Free" T. Davis

Re-opening of Library-full story page two



RE-FURBISHED LIBRARY RECEIVES STAMP OF APPROVAL AT OFFICIAL OPENING BY DR. F.J. STEELE

A signal event of the school year 2008-09 has been the re-naissance of culture and learning with the re-opening of the school library at St Aidan's. The huge task of re-developing the library commenced in November 2008 when the long-awaited re-furbishment grant finally arrived and many hours were invested by the willing and enthusiastic Library staff from classes Cian and Agaistin. Apart from the basic cleaning and re-stocking of the Library, major structural work was also done when we decided to extend the library into an internal patio area and develop a garden which would be an additional reading space and oasis of calm. The inside area required re-flooring, new shelving, lighting and furniture. The Library staff are currently cataloguing and organizing the library systems to enable a full service to students in September.

It is envisaged that the library will be a place of peace and quiet away from the hustle and bustle of the day where students may browse among the books or read quietly in the adjoining Library garden which has inspired so much positive response.

In his speech at the official opening, Chairman of the Board of Management, Fr Shem quoted Cicero who was of the opinion that 'If you have a garden and a library, you have everything you need'.

It was, in many ways the most natural choice to dedicate St Aidan's Library to the school's founding Principal because, as Fr Shem went on to say:

'It is highly appropriate that the Library of this college should be named in honour of a man who exuded a passionate love of learning and profound commitment to reading. His encouragement towards the quest for knowledge was always evident in his promotion of reading and generosity to the Library.'

Needless to say, Dr Steele was honoured and extremely impressed. At the opening ceremony he said: 'I am delighted and I am privileged to have the re-furbished Library at St. Aidan's Community College, Dublin Hill, Cork, named for me.'

So, the future for reading at St Aidan's looks very promising and so many of the pupils are already excited at the prospect of regular visits to the Library commencing next September.

We would like, at this stage, to extend our heart-felt thanks to all of you who have been supportive of the Library and of our sincere efforts to give to each child a love of books and the gift of reading.

Ms R. Desmond, Ms. H. Healy



There is no greater work that we could do ... the Library encapsulates the love of learning
Dr. Fj Steele





PHOTOS:

Left:

1. Dr. Steele with Library Staff
2. First Year students enjoying the library garden
3. Cllr. Noel O'Connor with First Year students at the library opening
4. Mr. Barry O'Brien, CEO Co. Cork VEC pictured with Ms. Helen Healy and Comenius Project students.
5. Transition Year students in library garden

Right:

1. The Library garden
2. First year students get a taste of gardening
3. Library Staff pictured with Ms. Desmond, Ms. Joan Russell, Education Officer, Co. Cork VEC, Mr. Ahern, Mrs Mary Steele, Dr. Steele.



My single most favourite scholarly book is *The Love of Learning and the Desire for God*, a study of the monastic culture of the High Middle Ages in Western Europe by Dom Jean Le-Clercq, a Benedictine monk of the Abbey of Clervaux in Luxemburg.

Though based on lectures delivered to young monks in Rome in 1955-56, this is a work of huge erudition and exceptional and penetrating insight and remains authoritative to this day.

I cite it here because I believe now, as I believed, indeed, throughout my years of service here at St. Aidan's, that the terms of the title of this book capture perfectly and precisely the twin objectives of any form of Christian education worthy of the name, i.e., the love of learning and the desire for God.

I used to tell my two children, Margaret and Gilbert - both of them, by the way, very proud and very appreciative past-pupils of St. Aidan's - that I would try to teach them to pray and to read and that, thereafter, they would be more or less on their own facing the ups and downs and the twists and turns of life.

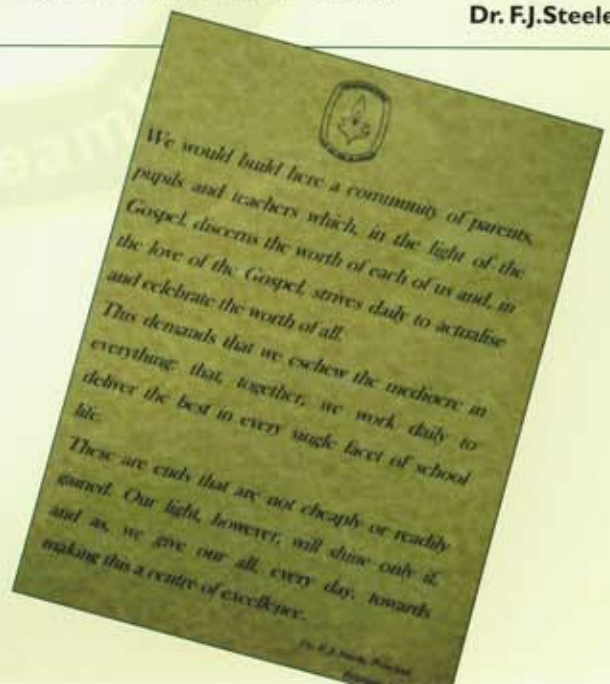
Of course I tried to do more than that for them but, in teaching them to read I was bringing within their scope the whole range of human learning and, in teaching them to pray, I was pointing them in the direction of the God of creation, the Lord of history, the origin, the ground and the purpose of all that is. In teaching them to read and to pray I was putting them in the way of the love of learning and of the desire for God and in the way, therefore, of fulfilment both in this life and in the next.

These twin terms are each given, as it were, "a local habitation" here in the College in the Library and in the Oratory, respectively. In and through the Library, we may foster the love of learning, in and through the Oratory, the desire for God.

In fostering both, we give the young people in our care the wherewithal to range through time and eternity, to investigate the depths of God and the heart of humanity, to go from the heights of heaven to the depths of earth, from the core of the atom to the outer limits of the expanding universe, and so to make all of wisdom, human and divine, their lawful inheritance.

There is no greater work that we could do and, as the Library encapsulates the love of learning, one of the poles of my theme here today, I am delighted and I am privileged to have the re-furnished Library at St. Aidan's Community College, Dublin Hill, Cork, named for me.

Dr. F.J. Steele





..from page one..

Theo, in a wide ranging, eloquent and captivating speech, interspersed with several of his wonderful poems, addressed issues which included growing up on the northside of Cork City, the importance of cherishing one's place of origin and the centrality of the teacher's role in the life of a child.

The occasion proved to be a memorable and inspirational morning and justly acknowledged the contribution to the community made by both schools.



Aidan's Honoured by Olympiad Visit

Participating in the Special Olympics has changed my life, I have won lots of gold and silver medals in Regional Competitions in Ireland. I was picked to represent Ireland in Shanghai, China and I won 2 medals. I was picked as the 'face' of fundraising in Ireland 2009 and had pictures taken with Colin Farrell. I got picked to be 'Cork Person of April' and got an award. I showed all the pupils my awards in St. Aidan's this morning and they were proud of me. I am proud of myself. They said they would fundraise for me on the 24th of April.

Pat Dorgan

Pat Dorgan, Special Olympics winner and brother of poet Theo Dorgan, visited the school in April. At the main morning assembly he addressed the students and spoke of his Olympic medal win.



To My Brother, Pat

A Random glitch in the code,
A defective chromosome,
All this enough to shape a life,
but not to explain it.

When you were born she knew,
immediately, our mother;
knew the shape of it out ahead, your
life of difference.

I remember tears, I remember,
how quick we were to cope,
the lavish affection that came
unprompted; we'd fight to hold you.

I was of an age to anticipate
cruelty, the mocking taunt,
slow incomprehension-
and I was wrong

Not one of us, fortunate
as we have been, has ever
been truly loved as you,
and this is as it should be-

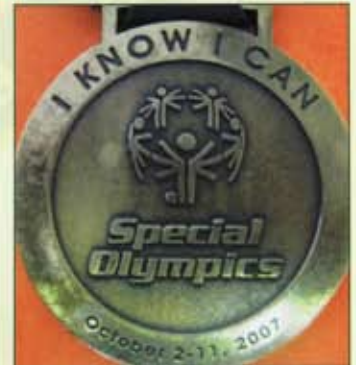
The paradox of being human: how
we take, against all expectation,
the weak to our hearts,
discovering how they are strong.

Remember when you met Paula first,
my hearts companion, my still
beloved?

You took her in your arms,
You caught my eye and winked.

I still see that thumbs up,
sign of your generous pleasure
at my good fortune.
My canny brother, our dear Olympiad

Theo Dorgan



Photos

1. Cutting of the cake
2. Pat Dorgan with TY students
3. Theo Dorgan and Roy Buckley
4. Organising Committee 25th Celebration
5. Theo Dorgan and Roy Buckley
6. View from Dublin Hill
7. Eamonn O'Callaghan, Christy Kelleher pictured with Pat and Kathleen Dorgan

THE COMENIUS PROJECT

During 2007/08 academic year contact was made between St.Aidan's and a school in Freiburg Germany with a view to setting up a Comenius project about the impacts of Global warming on our regions. Two further schools joined the core group- a school in Romania and a school in Spain. Application was made to the European Commission and a very detailed plan of action was drawn up. A meeting was held at Vigo in Spain to complete the application process. At the start of this academic year a letter was received from the Commission to verify that the group had been successful in their application and the funding was received from Brussels via the Irish Exchange Agency, Leargas.

The project will run for two years until 2010. This year has already seen seven students and two teachers travel to Freiburg in Germany and eight students and two teachers travel to Romania. On both occasions the groups involved had a lot of hard work to do in the preparation of PowerPoint presentations on a variety of environmental issues of Irish concern.

In the coming academic year the other schools involved in the project will visit Ireland in October and the final visit will be to Northern Spain in the spring of 2010.

Ms. M Fitzgibbon



Students want greener world

By KIERAN DHEEN

CORK students are doing their bit to help the fight against global warming.

As part of the Comenius Project, eight students from St Aidan's Community College on Dublin Hill, visited Tuloas in Romania to present the findings of their research into what Ireland is doing to stop global warming.

These were eight teachers and 40 students involved in, which in-

cluded four groups from Ireland, Spain, Germany and Romania.

The students at St Aidan's Community College were guided in their research by Fr. Shem Purkiss and Anne O'Donovan. The pupils worked very hard on the research since the last meeting of the four groups in January.

The second year and Transition Year students presented four sustainability projects on 'What we are doing about global warming,' 'What is the national policy,' 'What is the local policy' and one in the three

topics combined.

Their research was based on surveys carried out with people throughout the city.

The four groups will meet again in October in St Aidan's school where the students from Cork, Spain, Germany and Romania will give presentations on 'fighting global warming and sustainability as a different research topic.'

Teacher, Anne O'Donovan said: 'The kids involved were fantastic and worked very hard on their projects, from January to April.'



LET YOUR LIGHT SHINE

'You are salt for the earth. But if salt loses its taste, what can make it salty again? It is good for nothing and can only be thrown out to be trampled under peoples' feet.

You are light for the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp stand where it shines for everyone in the house. In the same way **let your light shine** in peoples' sight, so that, seeing your good works, they may give praise to your Father in heaven'.

Gospel of Matthew 5:13 - 16



PHOTOS

Photos

- 1/2 Comenius Students in Romania
- 3 Comenius students with Ms. Healy
- 4 Fr. Shem and Fr. Chris





IN TRANSITION

Transition Year students had a busy year of co-curricular and extra curricular activities in addition to the set academic programme for the year. September saw class Aodan starting their **First Aid** classes which ran for six weeks. Class Aodan and class Agata also had their trips to **Kinsale Outdoor Education Centre** in September while class Aoife enjoyed a fantastic day in Kinsale which included a detour to Garretstown Beach for some bodyboarding. The whole year group also participated in the thought provoking **AXA Roadsafe Road Show** at the Silversprings Hotel. October saw the visit of Lt. Marie Gleeson from the Irish Navy in preparation for the Year Group visit to the **Irish Naval Base in Hawlbouline** later that month. Also in October Bank of Ireland presented a **C.V. Preparation and Job Interview Skills** session. Drive-for-life for all class groups also took place in October as well as the **Careers Exhibition** in the Rochestown Park Hotel and the first of the two **over-night camping trips** under the leadership of An tUas O'Rosaire. In November Class Agata began and completed their **First Aid** course and a number of students participated in a flag day for **Down Syndrome Ireland**. In December the emphasis was on Exams. Class Aodan visited IBM at Cork Airport Business Park as part of the **Schools Business Partnership**. In January Class Aoife started their **First Aid** classes, students had an interactive **Crime Scene Investigation presentation**, we also had our annual presentation from **Humourfit** and there was a trip to **UCC Annual Tyndall Lecture** for Physics students. Mr John Hartnett, manager of the Blackpool Retail and Commercial centre and member of the Board of

Management spoke to all students in preparation for their work experience placements in February. In March there was a visit from **holocaust survivor** Tomi Reichental as well as a **UCC dental health survey**. In April students participated in a **Youth Health Symposium** held in the Glen Resource Centre which was organised by UCC. In April all students participated in the **Public access to Law (PAL)** course. Two barristers visited St Aidan's and described how the Irish legal system works. The day concluded with mock trials. There was also a **Special Olympics Flag Day** in April and also in that month 8 students participated in the **UCC Plus Week** where they got to get a taste of life as a UCC student. The second of this year's two **Come-nius** trips took place at the end of April also. In May the Second trip to the **Galtee mountains** took place, students volunteered in the **Cork Deaf Association Flag Day** and the **Irish Heart Foundation Flag Day** and the first **TY Sports Day** took place. A visit from Teresa Heffernan of **Life Pregnancy Care** proved to be both engaging and informative. The girls participated in **Department Day** with Claire Cullinane, six students participated in the **St John's Ambulance Inter schools First Aid Competition** and all students had a presentation from **Mna Feasa** on Domestic Violence. In addition, Mr Barney Callaghan, CEO of **Gaisce** paid a visit and spoke about the **President's Award**. This project was coordinated by Ms. Martha Flanagan. Students also participated in several **subject-based field trips**.

Mr. C O'Brien,
TYP Coordinator



Students learn about Irish court system

THEIR first court visit to Dublin City University's Transition Year students from St Aidan's Community College played a pivotal role in the Public Access to Law (PAL) scheme.

The students, who were accompanied by their teachers, visited the court and met with the judge, the clerk and the barristers.

During a session, the students were shown the court and given an insight into the different areas of the law, such as criminal and civil law, and the role of the judge, the clerk and the barristers.

The students also enjoyed the interactive role-play which allowed them to experience the court process from the inside.

The visit was organised by the Transition Year students and their teachers, and was a great success.



BLACKPOOL BULLETIN

WITH CLAIRE SUTTON



Photos

1. TY Students at Kinsale Education Centre
2. Paintballing Trip
3. Mr. Cremin and Mr. O'Brien with Mr. Barry O'Brien
4. Trip to Garretstown
5. Trip to Galtees



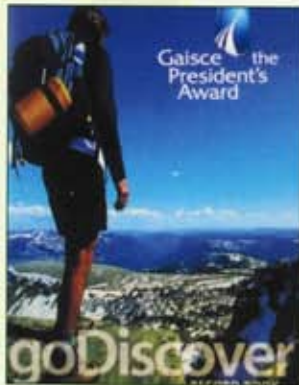


Photos

- 1 School Bank Team with Ms McDonnell
- 2/3 Gaisce Award
- 4 TY Gaisce Award Winners
- 5 Ms Flanagan with Megan Scanlon
- 6 JCSP Certificate Awards

Education would be so much more effective if its purpose were to ensure that, by the time they leave school, every boy and girl should know how much they don't know and be imbued with a lifelong desire to know it.

Sir William Haley



GAISCE: THE PRESIDENTS AWARD

Barney Callaghan, CEO of Gaisce, visited St Aidan's in September to speak to the Transition Year students about the Gaisce Award. This award is one of the most prestigious in Ireland. It is designed to encourage initiative, self-discipline, leadership and caring skills in young people. To achieve the award participants must complete challenges in four areas: community involvement, personal skill, recreation and an adventure journey. There are three different awards that can be earned. Transition Year students are eligible for the Bronze award and as students get older they can also earn the Silver and Gold Awards. This year, eleven students from St. Aidan's completed the challenge for the bronze award and were presented with their certificates and medals at the Solas Awards Ceremony in May. The recipients are: Kevin Canning, Alison Dowling, Erica Dowling, Owen Dunne, Ciara Harrington, Ronan Horgan, Eimear O'Leary, David O'Riordan, Laura Power, Katriona Purcell, Megan Scanlon and Ronan Jestin. We congratulate them on their wonderful achievements and wish them continued success in the future.

Ms. M. Flanagan

JCSP: BOND AND BEYOND!

On the 21st of April Class Deirdre spent the morning at the "Make A Book 2009" exhibition in the Millennium Hall, Cork City. Their own brilliant book, "The Amazing World of James Bond" was by far and away the star attraction. The class each picked one film from the 50-year-old series and dedicated a page to some truly fantastic photos and articles about it. Gadgets, cars, villains and of course the much celebrated Bond girls all added to a very interesting read. St Aidan's very own Bond girls, Mrs Flanagan and Mrs Hickey were two much appreciated and vital sources of help in the making of the book. The lads were delighted with their day out and even more so when they were handed a goody bag full of sweets and drinks on the way out.



We wish to extend our sincere best wishes to Ms. Martha Flanagan, SNA who is retiring in June. We say a sincere thank you for all your wonderful assistance to our students in the college, especially in your work in the JCSP and in your dedicated coordination of the Gaisce Awards. We wish you a Happy Retirement



TURAS CAMPÁLA - NA GABHAILTIGH.

This trip was started by our former colleague, teacher and soldier, Mr. Johnny Rea. Johnny saw the absolute value of taking our students onto the mountains to let them get a taste of things that cannot happen in the squareness of our classrooms. I really have to commend our students in St. Aidan's who show vast reservoirs of initiative, energy, savvy and, most importantly, the heart to have fun regardless of adverse conditions, weather, comfort or otherwise. It must also be said that only for the generosity of spirit shown by our príomhoide this trip would and could never happen. This trip enabled our students to bond with each other, to express themselves and to have fun the way that fun can be- setting camp, gathering wood, cooking on fires and singing around them. Hopefully, it will encourage our students to appreciate further, both now and in the future the beauty that surrounds us every day. When you have your own children and look back on these days, perhaps some of the things that you will show them will be some of the things that we learned on the mountain together. Go n-éirí libh san éacht. **An tUasal Rosboire**

HIGH PRAISE FOR ST. AIDANS LCA PROGRAMME

As the end of the school year approaches we look back on an other very successful year with the Leaving Certificate Programme. Earlier this year three of our first intake of Leaving Certificate Applied students, Louise Byrne, Alan Murphy and Noreen Mc Carthy were presented with Certificates of Commendation at the Co. Cork V.E.C. Awards ceremony, acknowledging their outstanding Leaving Certificate results. As the year progressed many assignments and tasks were completed and students were presented with certificates at regular intervals. We were delighted to welcome Ms. Sheila O'Driscoll, National Coordinator of Leaving Certificate Applied to the presentation of certificates to Class Padraig. Ms. O'Driscoll was presented with a copy of *L.C.A. News Today*, a magazine produced by Class Padraig and Ms. Desmond, English and Communication teacher. Ms O'Driscoll was extremely impressed with the high standard and quality of the magazine and requested permission to use it on the national L.C.A. website as an example of the type of work undertaken by L.C.A. students. Since its relatively recent inception, the programme continues to go from strength to strength and we look forward to seeing some top class results from Class Padraig also, continuing our high standards! Good luck to all in the forthcoming examinations!

Ms. M. Downey L.C.A. Coordinator.

Thank you so much for the invitation to your celebration of Leaving Certificate Applied and the launch of your LCA newsletter. It was truly uplifting to see all that you have done and the students are a credit to all the effort and work of your teaching team. Your newsletter could put many to shame. The range and quality is of a really high standard. This has been brilliant training for the students no matter what type of report they have to do at any level in the future. I took the liberty of sending a copy of the newsletter to the chief LCA Department Inspector. I know she will be delighted to see the quality of the work and really proud of the work of fellow Corkonians! Congratulations to you all, both teachers and students and of course to the parents whose support and pride was obvious on the day. The very best of luck in your continued work in Leaving Certificate Applied. The future looks really bright for your LCA students no matter what path they choose to pursue in the future.

Sheila O Driscoll, LCA National Coordinator

Here members of Class Padraig describe their highlights from LCA:

On April the 30th Class Padraig visited Brackens Bakery to complete a key assignment for Science. We walked down to the bakery and on arrival we met with Declan Bracken and he introduced us to some staff. They were nice people. Then we were shown all the equipment that was used for the making of cakes. He then brought us into a back-room and we asked him the questions that we had typed out on a sheet the previous day. After the question and answer session Declan offered some refreshments on the house. So we had a cake and a cup of tea. We then thanked Declan and walked back to school.

Colin Hegarty

Last year during LCA 1 we did a task for Hotel Catering and Tourism, which was to cook a meal for a group of teachers. We all planned ourselves what we would cook and what jobs we could have. We invited six teachers and we served lunch in the sewing room. We set up the table and made it look like a real restaurant. We also made our own menus, which included vegetable soup and melon for starter, chicken risotto and lasagne for the main course and melon boats and pavlova for dessert. Everyone was very pleased and all the teachers were very happy with their meal.

Jennifer Whelan

For the Michael Collins musical we entered a competition to win 30 tickets to go to the Opera House to see the musical with the whole class. We were studying the Michael Collins Film in English & Communication and we heard news about the competition on 96FM. They picked out the best e-mail and I was the person who won the 30 tickets for the class to go to see the musical in the Opera House. The two actors who played Michael Collins and Eamonn De Valera came to visit us in the school to talk to us about the show and to present us with the tickets. I thought that the musical was very interesting and I liked going to see this in the Cork Opera House. The musical was focusing on the last 6 years of Michael Collins life and I thought that everyone in this musical played a great part.

Liam O Sullivan

In LCA 1 we had to do an enterprise task so we decided to start a mini company. We called our mini company Chococious. For this we had to come up with what we were going to do. We decided to sell chocolate bars and sweets and sold them for €1 each. We also sold raffle tickets to raise money for the mini-company and gave Easter eggs as prizes. Then at the start of LCA 2 we used the profits that we got to go to Blarney. We went to Blarney Castle and then went back to Blackpool to the cinema. I thought that the mini company was a good learning experience and I really enjoyed being part of a successful company.

Darren Horgan

On the 6th of May the LCA 2 Class Padraig, Ms. Downey and Ms. Cotter went for a meal in Luigi Malones. We decided to go for this meal as an end of the year get together. We choose from the early bird menu, which was delicious. I had lasagne and for dessert I had strawberry Pavlova and they were both very tasty. I think it was a very successful outing because the food was delicious and we had great fun talking and everyone was great company and everyone was very pleased with the service and food in the restaurant.

Niall O Callaghan



A teacher is one who makes himself progressively unnecessary.

Thomas Carruthers






As you come to the end of your stay here in St. Aidan's Community College, a new future awaits. I hope that the life skills and knowledge you have gained in school will help you with what lies ahead.


It has been a great pleasure for me to be Sixth year tutor, I had the opportunity to work with an amazing group of students, who were always very friendly and cooperative and willing to help.

You have made many friends over the last six years and when you look at this book I hope it will bring back many good memories.

I would like to thank the yearbook committee who put a lot of work into organizing this and especially Kevin Cunnane and Katelyn O'Driscoll who painstakingly typed out each sheet.

On behalf of all the staff I would like to wish you every success in your Leaving Cert exams and hope you have a happy, healthy and successful life.

Marjorie Kingston

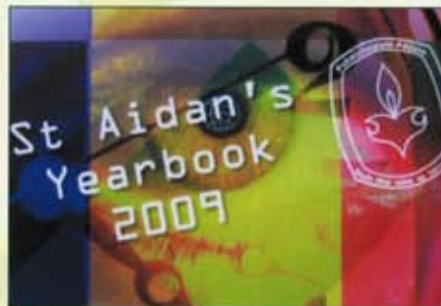
My warmest congratulations to the class of 2009 and in particular to the students who initiated this project. There will be no other year in your lives like this one as you reach this major milestone. My hope is that your years in St Aidan's were happy and fruitful ones and that we have prepared you for whatever direction you may take. I wish you the best of luck in your examinations and for the future, and hope you take with you fond memories of St. Aidan's

Lian Akers

The End

As the pens run out of ink,
 And our copies draw to an end,
 Our minds drift off and think,
 About each and every friend.
 We think of our six years,
 Oh how the time has gone so fast,
 Through the laughter and the tears,
 We always thought it would last.
 Now we are getting ready,
 To leave each other go,
 Our nerves are holding steady,
 Yet our hearts are saying no.
 So in the final line,
 I'd like to say my dear friends,
 Please, "let your light shine",
 Until the very end!

Stephanie Fogarty



P8 Photos

1. Ms Sheila O'Driscoll with class Padraig
2. LCA News Today Magazine
3. LCA Class Seósamh members with Ms. Desmond
4. Ms. Downey with Louise Byrne and Alan Murphy
5. Jennifer Whelan and Bernard Geoghegan

P9 Photos

1. Leaving Cert Class of 2009
2. Leaving Cert Solas Award Nominees



SOLAS AWARDS CEREMONY CELEBRATES SUCCESS





ALTRUISTIC AIDANS

St. Aidan's has long been associated with numerous activities of an altruistic nature. From Meitheal to Trocaire, Daffodil Day to SHARE, St. Vincent de Paul to the Irish Childrens Pilgrimage Lourdes Trust, our students have shown a truly caring spirit and warm enthusiasm for thinking of those who are less fortunate than themselves. Pictured here are just some of the ways in which our students have reached out and given of themselves in this past year.



IRISH CHILDRENS PILGRIMAGE TRUST

Richard Horgan and I flew off to Lourdes with the Irish Childrens Pilgrimage Trust (ICPT) to spend a week working as helpers. At first, not knowing anyone made this a bit difficult, but when group 135 welcomed us this soon changed. The week proved to be action-packed and a truly great lifetime experience. From accompanying children with autism to assisting severely disabled children, we got a real insight into what life is like for those of us in life who are less fortunate than ourselves. Meeting up with Mr Forde, Mr Buckley and Mr Ahern who were also involved with the Trust also made the trip more enjoyable. The ICPT is a wonderful charity-one that can I hope will continue on for years to come. I thoroughly enjoyed my week and hope to return again next year.

Cian Noonan

In the end, all that is really valuable in life is that which we do for others

Anonymous

SHARE 2008-2009

Well done to our two SHARE representatives, Fifth Year students Cian Noonan and Richard Horgan for their tremendous work with the organisation. Cian and Richard were awarded the Dr. Steele Community Award in recognition of their work with several voluntary organisations in this past year. Here, Richard shares some insights from his experiences as a SHARE Executive member.

There are very few people who live in Cork City that do not know about the local charity SHARE. St. Aidan's has been involved in the charity now for many years. Cian Noonan and I were proud to represent our school as members of the SHARE Student Executive for 2008/09. We have been working very hard through the year. The collection at Christmas may have been difficult at times but it was a great success. There was a great atmosphere on the streets of the city during the collection. Each week we visited an elderly man named George - a wonderful man who was always glad to share stories with us. SHARE has given me memories that I will never forget.

Richard Horgan



MEITHEAL

It has been a great pleasure for all of us, Andrea Erazo, Michelle Healy, Alana Cotter, Kevin O'Brien, Mark Prendergast, Cian Noonan, Richard Horgan and Wayne Murphy to be part of this year's Meitheal Team. We applied for this with the intention of helping students in First Year to cope with their new stage of life as they adjust to secondary school. I am pleased to say that we have achieved this and much more. Meitheal not only gave us the opportunity to guide them and create a friendly atmosphere for them, it also helped us to mature. We got to know ourselves more and it taught us new and useful skills. This has been a great life experience for us as we got to know each other very well and got the chance to interact with the pupils of other schools in Cork. We will always remember the special moments we shared together with members of SCALA at Christmas time Halloween and Valentine's Day. The activities which were organized for first years were all made possible with the help and support of our mentor Fr Chris.

Andrea Erazo, Class Ciara.





HOLOCAUST DAY

'Has the like of this happened in your days or in the days of your fathers? Tell your children about it and let your children tell theirs, and their children the next generation.' Joel 2, ii.

On Monday 23rd March St. Aidan's Community College welcomed a very special guest lecturer, Tomi Reichental, a holocaust survivor who has lived in Ireland since 1960. He spoke to the assembled 3rd, 4th and 5th year students about his life growing up in Slovakia during the turbulent years of the 1930s and 40s. Being Jewish meant suffering terrible persecution at the hands of a government led by a Nazi sympathiser, ironically a catholic priest, and Tomi movingly re-counted his family's daily struggle to avoid falling into the clutches of the Gestapo, the feared Nazi state police.

The students listened attentively as Tomi became the human face to events, over sixty years old now, which continue to horrify the world to this day. They had the opportunity to hear a firsthand account of the deprivation and suffering endured on Tomi's long and seemingly inevitable spiral towards Bergen-Belsen concentration camp in the final months of 1944. Those present will long cherish their good fortune in bearing witness to this incredible man's story. Tomi is part of the last generation of survivors of Adolf Hitler's Final Solution and provides an invaluable link to the consequences of the hatred and intolerance practised by the Dictator and his cohorts.

At the end of the lecture, Tomi was given a prolonged and much deserved round of applause. He then patiently answered some very perceptive questions from the students and was delighted when presented with a cut glass plaque commemorating his visit to St. Aidan's. All in all it was an incredible experience for those concerned and succeeded in its most important aim, that of sparking an awareness of the depth of the tragedy endured and an understanding of the shared responsibility to ensure the world never forgets! We do many things to remember our dead, but the single most important responsibility we have is to speak for them and to tell their story thereby breathing new life into the hopes and dreams they once proudly held. Tomi Reichental is doing just that. We at St. Aidan's applaud him for it!

Mr. P. Keenan, Mr. S.O'Brien



TURAS GAELTACHTA 2009

Deineadh iarracht an scéim seo a chur i gcrích anuraidh ach ní mar a bhítear a shiltear go minic. Thosnaíós an ard-chúrsa léinn le deichniúr mic-léinn i mblíana agus caithfead a rá go bhfuil éacht ceart déanta acu agus ag a n-iarmhúinteoir romham Maríon Ní Scarláin.

Níl tabhacht na Gaoluinne, a cultúr, a traidisiún agus a oidhreacht go forleathan inár scoilne go fóill. Sin í an fhirinne agus bíodh mar a thá sé fé láthair. Ach athraíonn dualgaisí an duine go mall agus bhraitheas an chéad athrú i mblíana. Is fuarast cead cinn a thabhairt do leithéid na mic-léinn a bhí fém stiúr agus is fuarast é do bheith dóchasach leo. Shocraíós ar dhul go croilár na Gael-tachta in Iarthar Dhuibhne chuinn athstaidéar a dhéanamh ar an gcúrsa Béil agus chuinn rian ár gcultúr beo a thaispeáint dóibh. Do dhein. Do bhlaiseadar an Ghaoluinn beo beathúch. Do dheinea-mar aon uair déag de ranganna, rudaí leamh, ach riachtanach agus dheineamar céiliúradh i dTigh Pháidí leis, gan a bheith leamh ach spraoiúil agus taitneamhach. Is é seo an chéad bhliain den chúrsa seo agus tar éis an deireadh seachtainne iontach a chaitheamar siar, is é mo thuairim gurbh é an chéad turas do shliocht turasanna eile. Is iad so na mic-léinn a chruthaíonn sliocht eile...duthrach, diograiseach, dilis dár gcuid féinig. Fágaim beannacht acusan, ag a n-iarmhúinteoir agus ag ár bpríomhoide a cheadaíonn gach smaoineamh idir olc agus mhaith.

Rossá, Oide Gaoluinne.

TURAS EALAÍNE GO BRÚ NA BÓINNE.

Last November a group of cross-curricular students from Gaoluinn and Art enjoyed a wonderful trip to the ancestral Megalithic tombs of Newgrange (Brú na Bóinne), Nowth and Dowth.

There was an excellent Interpretative Centre, which proved an evocative foretaste of what was to come in the ancient tombs themselves. The guided tour was very informative in representing the aspects of the astronomical calendar and the ceremonial and symbolic functions of the tomb. Our students made personal interpretations of each of these aspects, specifically relating to the artistic significance of Newgrange. This helped us understand the importance of the link between the art and the language and culture of ancient Ireland in a modern re-telling through our class projects during the year.

Page 12 Photos

- 1 Daffodil Day
- 2 ICPT Lourdes group members
- 3 Richard Horgan, Dr. Steele, Cian Noonan, Mr. Ahern
- 4 Marie O'Sullivan
- 5 Cian and Richard with Bishop Buckley
- 6 Trócaire collection
- 7 Meitheal Team with Fr. Chris

Page 13 Photos

- 1 Tomi Reichental with TY students, Mr. Keenan and Mr. Harrington
- 2 Trip to An Ghaeltacht
- 3 St. Aidan's violin students at Solas Award Ceremony.



Green Schools Initiative.

In November the Green Schools Initiative was officially launched in St.Aidan's by Senator Dan Boyle of the Green Party and Ms. Rachel Boyle of An Taisce. Both guests addressed the student body at the main morning assembly. Ms Boyle outlined the initiative as being a long term international environmental education programme, an environmental management system and an award scheme that promotes and acknowledges long-term, whole school action for the environment. She explained that the aim of Green-Schools Initiative is to increase participant awareness of environmental issues through classroom studies and to transfer this knowledge into positive environmental action in the school and also in the wider community. Schools that have successfully completed all the elements of the programme are awarded the Green-Flag and the award has to be renewed every two years.

Senator Boyle, in his speech, spoke of environmental issues in broader terms and outlined how each student, through appropriate actions could help to make the college and the wider community more environmentally friendly. He outlined how Germany has created 250,000 green jobs in energy production and environmental waste management in recent years.



PHYSICS

In January, 28 physics students from St.Aidan's travelled to UCC to attend the annual Tyndall Physics Lecture for Schools. This year's lecture, entitled 'The Human Body is the Ultimate Physics Laboratory', provided a fascinating exploration of Physics in the functioning of the human body. The lecture was presented by Dr. Kevin Mc Guigan, Senior Lecturer in Medical Physics at the Royal College of Surgeons in Ireland (RCSI). This is the seventh year that our students have attended the Annual Tyndall lecture and the day proves to be of tremendous benefit in providing insights into the vital role played by Physics in so many careers. The students are also taken on a tour of UCC thus providing a wonderful taste of student life in our local university and potentially planting the seeds for them to consider progressing to third level education in the areas of science and technology. Indeed, many Physics students from St. Aidan's have gone on to pursue third level study and post-graduate research, right up to Doctoral level, in this field. One such student, Keith O Donoghue-St.Aidan's Student of the Year 2000, is currently completing his PhD in electronic engineering in Davis College, California. Keith has, in the intervening years, kept in close contact with St.Aidan's and on his visit to the college in January, delivered an inspirational talk to our physics students in which he spoke of his own career path, his post-graduate studies in the USA and the exciting and lucrative future job opportunities in this area, one which is so crucial to the Ireland's future knowledge economy.



How teamwork's helping kids get better results

Teamwork is not just for the professional world. At St. Aidan's Community College we believe that teamwork is essential for success in the classroom.

At St. Aidan's Community College we believe that teamwork is essential for success in the classroom. This is why we encourage our students to work together in their studies and in their extracurricular activities.

Teamwork is not just for the professional world. At St. Aidan's Community College we believe that teamwork is essential for success in the classroom. This is why we encourage our students to work together in their studies and in their extracurricular activities.



Proof is in the research

- Teamwork is essential for success in the classroom.
- Students who work together in their studies and in their extracurricular activities achieve better results.
- Teamwork is essential for success in the classroom.
- Students who work together in their studies and in their extracurricular activities achieve better results.

Photos

- 1 UCC Dental Health Survey
- 2 Zoe O Connell with Senator Dan Boyle and Rachel Boyle

3 Green Schools Committee

- 4 Physics Trip to UCC
- 5 Teamwork in Aidan's
- 6 IBM Visit

Students learn all about physics of being human

PHYSICS students from St. Aidan's Community College got an insight into how the human body works at University College Cork. Almost 30 young scholars attended the annual Tyndall Physics Lecture for Schools, designed to stimulate interest in the sciences in general and in physics in particular. This year's lecture, 'The Human Body is the Ultimate Physics Laboratory', explored the physics involved in the functioning of the human



ST AIDAN'S: CENTRE OF EXCELLENCE IN SCIENCE AND TECHNOLOGY



PRESTIGIOUS PARTNERSHIP WITH WORLD RENOWNED COMPANY

Transition year students from Class Aodan had several days to remember this past year thanks to their involvement in the Schools Business Partnership (SBP) programme. The programme matches a school with a large local business and facilitates various work and career related programmes throughout the academic year. These include; a site visit, 'A Day in the Life' talk by employees of the company, CV workshops, practice interviews and advice on interview skills. This year, thanks to the assistance of Diane Beckingham, SBP coordinator, St. Aidan's secured a highly prestigious partnership with IBM Tivoli Netcool. Class Aodan paid a special visit to IBM facility at the Airport Business Park in November to gain an insight into the workings of the company and were treated to a wonderfully enriching and educational programme of events. Members of the IBM HR department visited St. Aidan's in March and conducted practice interviews with the students and Ms. Beckingham expressed her admiration for those involved as follows:

"Throughout the programme the students have displayed great maturity, commitment and good manners. They have participated enthusiastically and have built a great rapport with their link company IBM. We were all particularly impressed by how they conducted themselves at the practice interview sessions. Without exception they were all extremely well prepared, confident, articulate and well presented-traits that will stand them in good stead for the future and certainly impress any prospective employer." St. Aidan's is honoured and privileged to be associated with such a prestigious and world-renowned company as IBM. We wish to thank Ms. Paula Halahan, Mr. Simon Murphy and Ms. Diane Beckingham for all their wonderful work to make the programme such a success and look forward to furthering developing the programme in the coming year.

BIOLOGY

The Tuesday morning broke bright and sunny, but that was just to give us a false sense of hope. By the time Ms. Hughes, Mr. Doyle and the 25 leaving certificate Biology students reached Fota, it was raining heavily. However, they remained cheerful as they undertook the Ecology fieldwork in the park's woodland. It was enjoyed by all, but lunch time came as a relief to everybody - a chance to eat something warm and get changed into dry clothes. The afternoon was spent doing theoretical Ecology indoors in the Education Centre at Fota, and to really help everybody's mood, while the students were inside the sun broke through outside! The attitude of the students throughout the entire day was wonderful, they remained cheerful in the most inclement of weather and they were complimented on this by the staff in Fota.



JUNIOR CERT SCIENCE

Experimental work is worth 35% of the Junior Cert Science Exam. All Junior Cert Science students do a series of 30 experiments during the 3 years of the Junior Certificate Course. Additionally, they do a further 2 major experiments in 3rd year. While the topics are set by the Dept. of Education and Science the students must design and carry out the experiments themselves under the supervision of their teacher.



TDs drop in for St Aidan's civic day

The annual civic day at St Aidan's Community College, with HR, took place recently at welcomed all four of the Cork North Central TDs. The public representatives each spoke for five minutes on the topic of 'How the budget cutbacks affect education'. The four TDs then had a question and answer session with the Pupils' Council where students were able to discuss the matters more fully with their elected representatives and make them more aware of the real consequences of the cutbacks and how it would impact on them. The Annual Civic Day has always been a major highlight in the St. Aidan's college calendar. It is one of the many ways in which we at St. Aidan's strive to foster civic responsibility amongst our students. The day also supports the work covered in the C.S.P.E. classes which is part of the Junior Certificate Curriculum.



The four of the Cork North Central TDs: Billy Kelleher, Kathleen Lynch, Bernard Allen and Noel O'Flynn, with pupils at the St Aidan's Community College annual civic day.

CIVICS DAY ADDRESSES EDUCATION CUTBACKS

St. Aidan's Annual Civic Day took place on Monday 8th of November and all of the four Cork North Central TD's were in attendance. The public representatives each spoke for five minutes on the topic of 'how the budget cutbacks will affect Education'. Following the general address by the TDs they then had a question and answer session with the Pupils' Council where students were able to discuss the matters more fully with their elected representatives and make them more aware of the real consequences of the cutbacks and how it would impact on them. The Annual Civic Day has always been a major highlight in the St. Aidan's college calendar. It is one of the many ways in which we at St. Aidan's strive to foster civic responsibility amongst our students. The day also supports the work covered in the C.S.P.E. classes which is part of the Junior Certificate Curriculum.

A mind once stretched by a new idea never regains its original dimensions.

Anonymous

ACTION RESEARCH AT AIDAN'S

St. Aidan's has a proud track record of being at the forefront of academic research and innovation across a wide spectrum of educational disciplines. This past year saw this trend continue when Professor Barrie Bennett visited Ireland in March and paid a surprise visit to St. Aidan's to observe the teaching and learning in the college. The Canadian Professor continues to conduct a huge body of research worldwide in the field of education and the focus of his Irish study is on integrating best practices in teaching and learning. This is Professor Bennett's second visit to Ireland to conduct workshops. We in St. Aidan's are honoured and privileged to have the opportunity to work with such a world-renowned educational expert as Professor Bennett and we look forward to integrating his expertise in our systems of teaching and learning to create an even better learning environment for our students.

In March a research team from St. Patrick's Training College Drumcondra visited to conduct research into best practice in the area of special educational needs. St. Aidan's has been identified nationally as being a school which has developed best practice in this area.



INCREDIBLE ATTENDANCE RECORD

Jennifer Hosford, a first year student at St. Aidan's received a certificate from Dave Morley, Officer with the National Education and Welfare Board to mark eight years unbroken attendance, in the presence of her parents, School Principal, Mr. Ahern and Attendance Officer Ms Fitzgibbon. Since this photo was taken Jennifer has completed 1st year, also with full attendance, bringing this to 9 years unbroken attendance-a truly outstanding achievement.



THE REAL COST OF MISSING SCHOOL

A Report by the E.S.R.I which has just been published has highlighted the importance of attending school and the severely negative consequences of non-attendance. The report is entitled *Written Out Written Off* and some of its major findings are as follows:

- Those who miss a lot of schooling are *three to four times more likely* to be unemployed than those who attend regularly.
- Early school leavers are more likely to be in poor health, to suffer anxiety and mental health problems.
- Girls who have poor school attendance are more likely to end up as single mothers.
- Early school leavers are 4.5 times more likely to be dependent on the State for healthcare.

St. Aidan's calls on all parents to do their part to ensure that all children are given the opportunity to attend school regularly which will help them to prepare for the bright future which is rightfully theirs.

Photos

1 Prof. Barrie Bennett with Ms. O'Donovan and Mr. Ahern

2 / 3 St Aidan's students with

St. Patrick's Research Team

4 Jennifer Hosford (see article)

5 / 6 Susan Herlihy with Art students

Artist in the Classroom Initiative

Second Year Art students were delighted to have the opportunity to work with local Cork artist Susan Herlihy. Susan has worked for many years as a ceramicist and when asked to work with JCSP students, she took it as a wonderful chance to impart

some of her skill and knowledge on the subject of claywork. The students learned new techniques like coiling and slab work. One of the students, James O'Connor said, 'I really like using clay there are so many possibilities!; it is great that we can fire our clay in school and try out different glazes'.

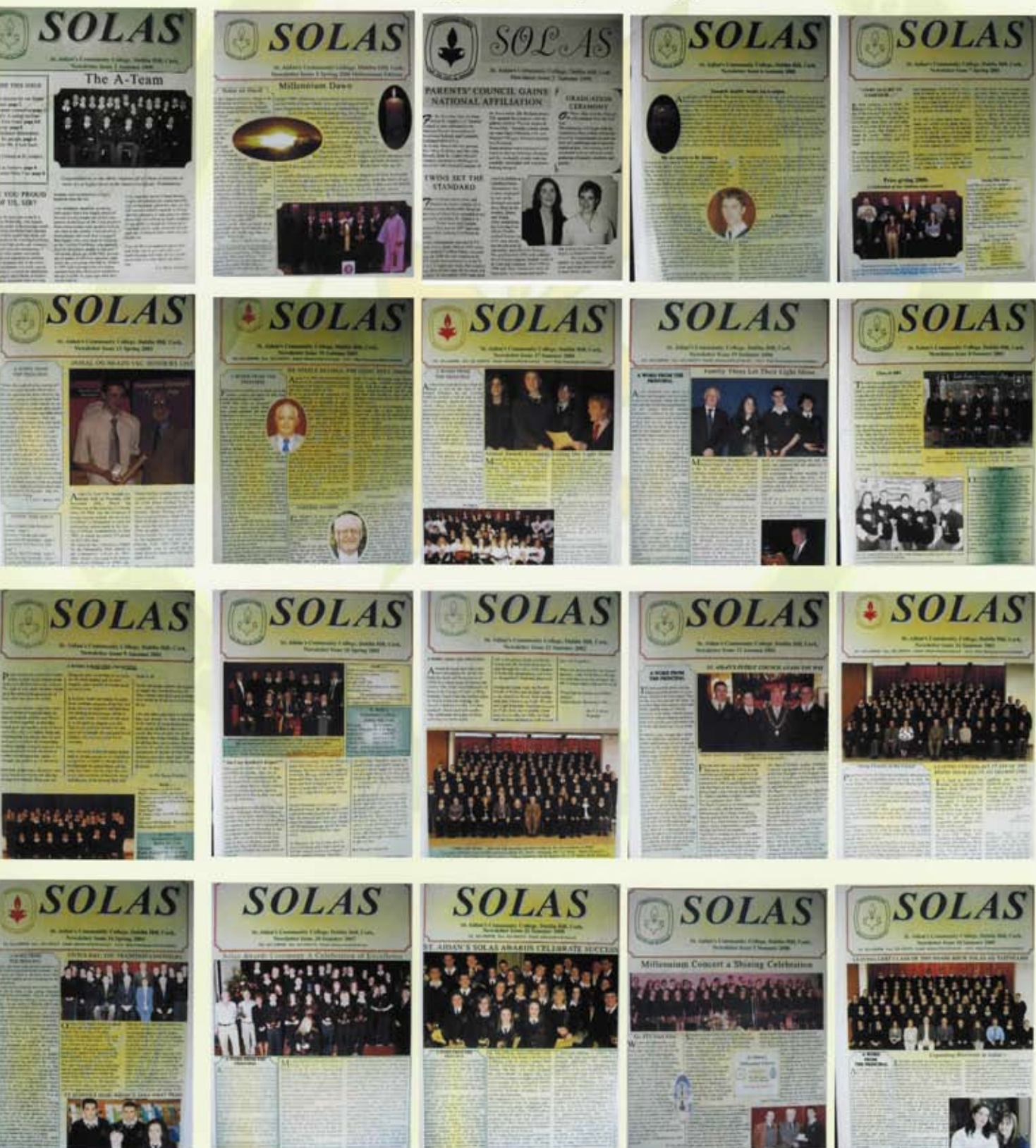


SOLAS 10TH ANNIVERSARY

The St. Aidan's Community College newsletter is in its 10th year of publication. The first Solas - a four page black and white publication - was issued in spring 1999. Since then the magazine has evolved and gathered momentum through several transformations to the current issue which comprises 20 pages in full colour. It continues to serve a valuable role in documenting the huge range of diverse activities, academic and otherwise, that make up the unique educational experience which we offer to our students. Additionally, the magazine records every day life and the collection of twenty one issues to date has developed into a valuable college archive allowing the proud tradition of St. Aidan's to be fostered and available to all.

Solas gives light to its dedicated, expectant readership who scour the pages for that one picture that captures a special moment, that long-awaited article that sums up our shared psyche on what matters most to us, that uplifting thought which reminds us about who we are and why we are. Solas means light and, the magazine certainly illuminates the life of the school keeping its 'inky finger' on the pulse of St Aidan's and recording for posterity the mundane and the happenstance, the highlights and the memories as a testament to the passing years.

Happy 10th Birthday, Solas. May you continue to shine!







BASKETBALL: The 1st and 2nd Year girls were dedicated to their training as they were determined to play well in the C league (a division higher than last year). The 1st Year team began their campaign with a tough match away to Christ King, and unfortunately, after a gallant effort, lost by 2 baskets. Both teams were away to Presentation school in Ballyphehane and were beaten by a school who should clearly be in a higher division. St Aidan's girls went on to win their home matches against Colaiste Ghobnatan. The 1st Year girls won by 48 points and the 2nd years won by 35 points - two excellent games showing that the training was really beginning to pay off. Both teams got through to the quarter final stage. The 2nd years lost their away match to Scoil Mhuire, however the 1st years played an exceptional match away to Bantry, winning by 32 points, to earn their place in the semi-final. They played their semi-final in Neptune Stadium but were unfortunate to draw Presentation school again. All girls were courageous in their efforts but the opposition were once again the better team. Well done to both teams on their commitment and determination.
Ms N.Keniry.

Senior and Cadets Basketball. The senior and cadet basketball teams displayed a tremendous amount of talent and commitment this year. They progressed out of their group stages with great wins over Doneraile, St Patrick's and Nagle Rice Community School. In the quarterfinal the seniors faced a fierce Kanturk side, but the St. Aidan's girls demonstrated exceptional defensive skills and excelled in attack, scoring ample baskets. The cadets encountered Youghal at this crucial stage of the competition, but the east Cork team were no match for the skilful ladies of St. Aidan's and the girls breezed into the semi finals. To our dismay their opponents narrowly beat them, but regardless, the girls have much to be proud of. Each player improved significantly this year. They displayed outstanding commitment encapsulating wonderful talent and sportsmanship.
Ms. Delaney

CAMOGIE: The St Aidan's u'16 Camogie team are brimming with pride after an extremely successful year. The girls' commitment, talent and sheer determination ensured they finished this season with silverware and celebrations. Their first opponents in the championship were Glanmire Community College and with an outstanding second half performance from St. Aidan's, the girls had a very comfortable win. Colaiste an Phiarsaigh were our next challengers and from the sound of the whistle, St. Aidan's were eager

for success. The final score line was 2-8 to 1-3. In the quarterfinals the girls faced a fiery St. Aloysius side, our captain and vice captain, Stephanie Callanan and Sinead Gallen, showed exemplary leadership skills and Aidan's cruised to the semi finals. Our opponents for this match were eager and ready for battle, both teams desperately wanting that coveted place in the final. St Aidan's flags were flying high on the day of the final. The girls outshone Middleton from the onset and totally deserved the title of 'Munster champions' as they displayed outstanding dedication, skill and love for the game throughout the year and were a pleasure to coach.

ACTIVE SCHOOL FLAG WEEK AND SPORTS DAYS

This year the P.E. department are aiming to achieve Active School status and receive an Active School Flag. This will entail developing some areas within the area of Physical Education, including links with the community and generally promoting an active, healthy school. One stipulation is to have one week whereby the school makes an extra effort to promote active lifestyles. This week started on 11/05/09 and it incorporated two Sports Days. Every day during 'Active Sports Week' there were activities at lunchtime and after school that were available to all students. Parents were also informed of the activities and had the opportunity to join in. Congratulations to all the students who took part in so many activities this week.

Ms Keniry and Ms Delaney

TRANSITION YEAR ACTIVE DAY:

As part of 'Active Schools Week', Transition Year Students had an extra day of activities. For the whole day they were able to compete in sports such as volleyball, basketball and soccer. Boys and girls from each class became highly competitive when they learnt that the three classes were playing against each other. T-shirts sponsored by the Irish Heart Foundation were given to students as prizes. Well done to everyone who took part.

Photos

- | | |
|--------------------------------------|------------------------------------|
| 1. Second Year Basketball | 7. Sports Day |
| 2. Cork Camogie All Ireland visitors | 8. Cadet Basketball |
| 3. First Year Basketball | 9. Sports Day Junior Winners |
| 4. Senior Basketball | 10. Table Tennis Action |
| 5. First Year Tag Rugby | 11. Snow Patrol - Children at Play |
| 6. U16 Camogie Munster Champions | 12. High Jump Champions |

Blackpool Credit Union Limited



5 Gt. William O' Brien Street,
Blackpool,
Cork.

Tel. 353+(21) 4501757

Fax 353+(21) 4505606



Opening Hours:

Monday:	9.15am - 4.00pm
Tuesday:	9.15am - 4.00pm
Wednesday:	9.15am - 4.00pm
Thursday:	9.30am - 4.00pm
Friday:	9.15am - 6.30pm
Saturday:	9.15am - 12.00pm

List of Services and Budget Payments

Gas	VHI	Foreign Exchange
Telephone	BUPA	Insurance Payments
ESB	Rail Tickets	Insurance Benefit
Multichannel Gift Drafts		Sky Digital
Financial Counselling		Corporation Rents