

SOLAS

St. Aidan's Community College, Dublin Hill, Cork,
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A WORD FROM THE PRINCIPAL

As the academic year draws to a close our thoughts and best wishes go to our students sitting the Junior and Leaving Certificate examinations. At our recent SOLAS Awards Ceremony I reflected on the question of what makes a successful school and on how this success might be measured? Is it the fact that, last year, thirteen of our students went on to UCC and twenty three students went to CIT? Is it the fact that many of our students went to Colleges of Further Education to pursue careers in areas such as Music or Montessori Teaching? Is it measured by the number of apprenticeships taken on by our students? Is it our success on the sports field, our work with the elderly in the SHARE project or our dedication to the many other projects we are involved in? The Vision Statement for the college states that "St Aidan's is a safe, caring, Christian community where each child is valued and nurtured to be the best that she or he can be." School success, therefore, is not any one element, rather, it is the spirit and ethos that the school creates to enable our students to be the very best that they can be. You will, no doubt, see examples of this spirit and this ethos throughout the pages of this magazine.

St Aidan's continues to go from strength to strength with our enrolment last year increasing from 450 to 510 and with 120 students starting in September the future is indeed looking bright.

To conclude, I would like to thank our college staff, our students and their parents for helping to create the characteristic spirit that is St Aidan's.

Mr. Liam Ahern, Principal

Family Three Let Their Light Shine



Mr Martin Holohan, President of the Irish Dental Council, was Guest of Honour at the St. Aidan's Annual Solas Awards Ceremony which took place on Tuesday May 23rd. The event celebrated the individual achievements of pupils who have excelled in a variety of fields over the past twelve months. Almost one hundred students were nominated for awards in various categories which included academic excellence, humanities and technology.

Students Liam, Tricia and Ciaran Deasy, pictured above with Principal, created history by being the first family to have three of its members receive awards in one year. Liam, Fifth Year class Daivi, Tricia, Fourth Year class Siobhan and Ciaran, Second Year, class Ciara, received awards in the Maths/Science, Triz, and Academic categories respectively. Mr. Holohan, pictured opposite, in his address, gave an interesting insight into his responsibilities and duties regarding his five year tenure of the Dental Council. He acknowledged the high reputation that St. Aidan's has earned for itself since its foundation in 1983 and commended the college on the broad curriculum which it offered and on the holistic approach with which it cared for its students. He noted, in particular, the high

level of volunteerism among the staff and pupils and appealed that this generosity of spirit would continue.

The programme of events included Irish dancing, modern dance and music. Scoil Oilibhí's orchestra performed a selection of numbers and St. Aidan's rock band played a superb rendition of U2's 'With or Without You'.

The Dr. Steele Community Award was presented, by Dr. Steele, to Mr. Jim Hayes, Principal of Scoil Oilibhí, in recognition of his twenty three years of dedicated service to the school and to the locality.





BusyBees Banking Brilliance

Who would have thought that running a bank could be such fun? Just ask Transition Year students Stephen Donovan, Sinead Mullane, Sinead Jones, Donna Ryan, Michael Coade and Sarah O'Brien. These were the six supremos interviewed and selected by Allied Irish Bank (yes, the real AIB!) to run the St. Aidan's School Bank. And what a job they made of it! While Miss Cotter was always on hand to give advice, this team proved more than able to manage and promote the enterprise themselves. Like

all banks, they had a corporate name and logo - AIBee, complete with bumblebee logo. And when it came down to the serious business of cash/lolly/dosh, this team did a serious job. The AIBee opened every Tuesday and their satisfied customers in the school could rest assured that their money was safe and accounted for. The students thoroughly enjoyed their day in the Silversprings Hotel where the team were judged on their presentations, work practices and promotion skills in the AIB Build a Bank Challenge. Well done to all!

Studying the Past Looking to the Future

The History Department of St. Aidan's, in a move to promote and encourage the enjoyment of the subject, have refurbished the History room with a new multimedia system and a video and DVD library. The aim is to take the teaching of the subject away from the textbook and into the modern age. During the very successful open night held in the college last November the department were to the fore in presenting an excellent multimedia and poster exhibition of work by St Aidan's students. Transition Year Students took part in a enjoyable and successful historical tour of the north side of Cork taking in sites including the birthplace of sculptor Seamus Murphy, home of writer Frank O'Connor, Collins Barracks, the original starting point of the burning of Cork, the homes of the Delaney brothers and Tomas McCurtain, Maddens buildings, Blackpool and Lady's Well Brewery. Third Year students Cian Kearney, Catherine Dennehy, Colm Ryan and Michael Taylor took part in the prestigious History Teachers Association table quiz. Additionally, a number of fifth year students took part in a History Students Seminar in UCC last February. Finally, thanks must go to all teachers of the History Department for the hard work they have put in during the year.

Mr. Daly



Television Viewing Habits

As part of their Transition Year English class, the students of Class Sinead conducted a survey into peoples' attitudes to television and their viewing habits. The results were interesting and many of the conclusions were surprising. Despite a number of complaints about particular programming, 90% of people surveyed believed that television was, overall, a force for good. 80% believed that television had more influence on young people than churches, while 45% believed that it had a greater

influence than schools on young people. The least favoured type of television programme was, surprisingly, the soap opera. Eastenders especially seems to generate quite a strong negative response. The most popular type of programme was comedy, with The Simpsons the firm favourite. R.T.E.'s programming for people under 18 scored a mediocre 50% and although Irish programmes like Podge and Rodge scored the occasional vote, few homemade programmes featured in the survey. The students of Class Sinead are to be commended for their efforts and interview skills. Charlie Bird, watch out!

Class Sinead

Young Scientists Exhibition.

Three Transition Year students, Micheal O'Callaghan, Martin Dunne and John Foley, had a project accepted for the Young Scientists Exhibition in the R.D.S. in Dublin during the first week in January and so became the first students from St. Aidan's to exhibit at this prestigious event. Their research project, called The Effect of Rhythm on the Rate of Running, showed how the beat of music can influence the speed of a person's activity in such a way that one will run slower while listening to music with

a slow beat. The students travelled to Dublin under the guidance of Mr. John Doyle and spent four highly enjoyable days staying in the Grand Canal Hotel. They quickly learned two important lessons; firstly, that Science can be hard work, secondly, and more importantly, that Science can be great fun. The students spent three days at the exhibition during which their project was on show to the public. Every evening they spent time at the various entertainment events provided, winning memory sticks as well as hearts! A good time was had by all.



UCC Access Programme

When I was a young boy I lived near the university. I sometimes took my dog for a walk through the college grounds. I kept a close eye on the gardeners because I sensed I was in a place not meant for me and feared they would tell me to get out. My parents had left school early and university was a place for other peoples' children. I eventually made it, of course, but maybe I was plain lucky and times were less competitive then. I often think that the Access Programme, had it existed, would

have been of benefit to my pals who didn't make it. But it does exist now and it may benefit you.

So what is the Access Programme? Universities such as U.C.C. are linked with our school and offer opportunities to our students, across all year groups, to attend seminars, short induction courses, sponsored competitions and summer camps, all with a view to demystifying what college life is about. Those who have attended these events this year have enjoyed the experience and are now in a better position to know the possibilities and to realise their



ambitions. For those in Leaving Cert. who have applied for and have been accepted into the Access Programme - means testing is just one of the criteria - a golden opportunity exists. If they win a place in U.C.C. through the points system extra supports such as mentoring and funding will be available. If they miss a place by a few points a quota system will apply and they may yet be offered the course. However, the Access Programme does not offer courses "on the cheap", and proven hard work is still a benchmark. But for those who benefit from the Programme a life changing and life enhancing opportunity beckons. Let the games begin!

Mr. D Kingston Guidance Counsellor



TRIZ

Problem solving skills, innovation, creativity, these are, undoubtedly, the skills that the leaders of the future will need. With this in mind, last October, St. Aidan's invited Professor John Mc Sweeney from UCC to give a series of workshops to our Transition Year Students as part of the TRIZ programme. TRIZ is an approach developed by Russian scientists to foster problem solving skills. As part of the course a number of our Transition

Year students set up a company called *Inventriz* and undertook a project, entitled *The Ball Wall*, which involved considerable ingenuity, market research and design. In April this project won second prize in the Annual UCC TRIZ Awards Ceremony. In recognition of their success students, Tricia Deasy, Daniel O' Flynn, Emma Crean, Ciara Hayes, Michael Coade, Richard O'Donovan, Carolan O'Keefe and Sarah O'Brien, pictured above, received a special award at the Solas Awards ceremony.

PHOTOS: This Page

Top: 4th Year TRIZ students at UCC

Below: 1st & 2nd Year trip to UCC
Opposite Page

Top 1: Student Bankers with Ms. Cotter

Top 2: Dr. Steele with Mr. Jim Hayes at Awards Night,

Middle:

Left: Local TDs with Pupils' Council reps.

Right: Brian O' Connor & family members with Mr. Kelly at Awards Night.

Bottom: St. Aidan's Young Scientists

1st & 2nd Year Trip to UCC

After travelling by bus to UCC we went to the college canteen where we ate our lunch. Afterwards, we went to the Maths Exhibition and then to the Science Exhibition called "Lab in a Lorry", where there were many experiments to be carried out. These included demonstrations on how oil rigs worked, how sound travels and the effects that light has on liquids. We were

then divided into groups and worked against the clock to solve forty maths problems. We were helped with equipment provided by an Indian mathematician. All groups from both 1st and 2nd year were competing against each other for a box of Roses. The first Years triumphed and won the chocolates. All in all both year groups enjoyed their visit and had a great day.

Hollie Murray, Class Aodan



Many thanks to Fr. James Mc Sweeney for all his help and support during the year. Do check out Fr. James' website : www.todayismygifttoyou.ie

Solas is produced by the staff and students of St. Aidan's Community College and printed by Woodland Print.



PHOTOS:

This Page:

Top and Centre: Visiting the sites of Amsterdam, including The Maritime Museum and Ajax Stadium.
Bottom: Reunion of Leaving Cert Class '05.

Opposite Page:

Top and Centre: Skiing shots
Centre Right: Staff and student choir members at Leaving Cert graduation ceremony
Bottom: Ali & the Band at the Lunchtime Concert.



Amsterdam Tour

In February a group of 62 First and Second Year students and staff visited Amsterdam. St. Aidan's Staff member Ms. Renske Hickey was born in Holland and grew up there. Here she describes the Dutch second level education system.

School starts early in the morning in Holland. Between 7 and 8am you can see millions of teenagers on their bicycles. There are 15 million people living in Holland, which is the size of Munster. Although the country is flat and ideal for cycling the weather conditions are not always that favourable-Holland gets as much precipitation as Ireland. There are no school uniforms so there's an array of colours in every school. Education, like in Ireland, is supposed to be free, but books, excursions and fees have to be paid. Additionally, an annual fee of approximately €1000 must be paid for those students who are over sixteen. In 6th class of primary school a decision is made on what school would be the best for each individual student. There are three different types of secondary schools; VMBOs, which prepare students for apprenticeships and certificate courses, HAVOs, which prepare students for I.T. courses, nursing, teacher training, police etc. and Athenaeums which prepare students for all university courses. To make it easier to change schools most colleges offer all three types of education within the one school. They are called *scholen gemeenschap* (school communities). These are very large schools, often with around twenty 1st year classes. You're not allowed to leave school before your 16th birthday. School holidays aren't as plentiful as in Ireland with a maximum of 60 days of holidays in the year. Unfortunately, if you don't pass your summer exams you have to repeat the whole year!



Leaving Cert '05 Class Reunion

Each year the 'Debs' for the Leaving Certificate class takes place in October before their exams. This means that the year group does not have the opportunity to meet again as a full group. In light of this it was decided that a Class Reunion would be held in September before students started college courses or entered the workplace. There was a great turnout on the night and the assembly area was full of talk and stories of what had happened since the Leaving Cert. It was also noted that one class member, not renowned for his punctuality, was early for the event. Such was the success of the evening that it was decided to make this an annual event for classes who have recently completed their Leaving Cert. My thanks to Miss Kingston for organising the reunion and to the many teachers who attended.

Mr. Ahern





Skiing Trip to Germany

On the 30th of January 38 students, accompanied by teachers Mr. Cremin, Mr. Savage, Ms. Scanlon and Ms. Guile, met at Cork airport, all eagerly anticipating the long awaited skiing trip to Germany. The plane journey took over two hours. After arriving in Munich we took a walk around the city to visit the tourist attractions. By the time we arrived at the hotel we were all tired so we went straight to bed. We got up

around 7.30 every morning, and headed to the slopes at 9.00. After a few days all of us could ski, so we all had a good laugh. Skiing finished at 4.00 everyday. The night activities included swimming, bowling, playing pool and even a disco. We had to be back in our rooms by 10.00 but no one complained because we were all wrecked anyway. At the end of the week I don't think anyone wanted to leave. The trip had been a great experience for everyone, one we will never forget. *Alan Buckley and Shane Lynch (Class Sorcha)*



Home School Community Liaison

St. Aidan's parents have been involved in many activities during the past year including classroom involvement in Maths-for-Fun and Reading-for-Fun programmes. The feedback from those parents involved indicated that it was a most worthwhile and enjoyable experience. As usual, our morning courses and classes for parents proved to be very popular. We

wish to extend thanks to the Cork Womens' Education Initiative for funding the majority of our adult morning courses. The most popular of these were Adult Leaving Cert Business, Arts and Crafts, Beginners Computers and Social and Personal Development. If you are interested in participating in any of our activities, contact me at 021-4307486 or 086- 3814599 *Joe Cotter, HSCL Co-ordinator.*

Aidan's Welcomes Cork School of Music

From September 2006 St. Aidan's will act as a centre for the Cork School of Music Outreach Programme and classes will be offered in the study of various musical instruments. St. Aidan's made a substantial investment in musical equipment over this past year and, thanks to the tremendous work of students Liam Deasy and Ali Keane (shown in photo along with Ivan Lomasney and Brendan Halpin) weekly after school drum and guitar classes were organised for younger students.





Leaving Certificate Class 2006

It has been a great honour for me to work in the role of Sixth Year Tutor and this year I have had the opportunity to work with an amazing group of students who were always friendly, cooperative and willing to help. Alas, the time has now come to say our farewell. You have made many friends during your time here in St. Aidan's and when you look back on it I hope it will

bring back good memories. Now that a new future awaits I hope that the life skills and knowledge you have gained in school will help you with what lies ahead. On behalf of the Sixth Year Tutors Ms. Heneghan O' Sullivan, Mr. Doyle and Ms. Cotter I would like to wish each and every one of you well both in your forthcoming examinations and in your future lives and careers.

Ms. Kingston Sixth Year Tutor



First Year

September is a busy and challenging time for our new students. Many take the transition into secondary school in their stride whilst others take a little longer to settle in. This year our First Years enthusiastically took part in many activities which included a trip to U.C.C for our budding scientists. Our attendance competition winners headed to Trabolgan for an action packed day of activities and participated in a dodge-ball tournament organised by our Fifth Year Meitheal team. For many the highlight of the year was the educational trip to Amsterdam. Whilst there are many extra curricular activities offered to First Year students a strong emphasis is placed on academic progress and pupils are encouraged to achieve the best possible results for their ability. This great effort has been rewarded throughout the year with *Student of the Week* certificates and Commendation certificates. A number of our dedicated, enthusiastic students were nominated for this year's Solas Awards Ceremony. We, the First Year Tutors, would like to wish them well in their academic endeavours over the next five years and hope their efforts are justly rewarded.



Meitheal

Many thanks to the outgoing Meitheal team (pictured above) for all of their hard work and dedication. They have been a tremendous support to the First Year students during this past year. The team organised many activities throughout the year including dodgeball tournaments, bingo mornings, and draws. We extend our welcome to the new Meitheal team (pictured below) and we are looking forward to working with them next year.

Ms. Hickey





SHARE

It has been said that all that is truly valuable in life is that which we do for others. The three joint winners of this year's Co-curricular Award have shown tremendous dedication to the cause with which they became involved last September; that cause was the SHARE organisation. They unfailingly attended weekly meetings throughout the year. They played an active part in all of SHARE's many fundraising activities. They spent 12 hours a day collecting on the streets over Christmas. In this school alone they helped to raise almost 2000



euros for SHARE. They visited the elderly SHARE residents on a weekly basis and played an influential part in the SHARE Student Executive. Above all they have helped to establish St Aidan's as a SHARE school and they have set an example for students from this school for the years to come. We are truly grateful for their wonderful work and we extend our thanks and best wishes to Fiona McCarthy, Audrey Lane and Shona Walsh.



30,000 Euros for Marymount

Eoghan O Keffe, winner of this year's Music Award at the Solas Awards ceremony teamed up with five staff members earlier this year to produce a CD in aid of Marymount Hospice. Rehearsals involving Ms. O Connell, Ms. Owens, Ms. Crean, Mr. Kelly and Mr. Forde took place after school over a number of weeks in January prior to the recording of the CD in Satellite Studios Ballincollig. All but one of the five tracks on the CD, entitled Sporting Songs of Cork Plus One, were written by Mr. Gerry Kelly. Thanks to the generosity and good will of the local community the project realized 30,000 euros for the hospice.



Schools Business Partnership

St. Aidan's has initiated a partnership with Heitons Atlantic Homecare, Blackpool as part of the Schools Business Partnership/ Business in the Community Programme. Representatives from the company visited the college on a number of occasions throughout the year and delivered a series of lectures on work related issues which included; job applications, interview skills and insight into various roles within the company. Additionally, the company will offer a paid summer work placement to a student from the college.



PHOTOS:
Top: 4th & 5th Year SHARE Students
Bottom:
Left 1: Fourth Year Outdoor Activities

Left 2: Open Night Science Demonstration
Centre: The Dublin Hill 'Rat Pack'
Right: Donation of Books to the Mercy Hospital

Mini Company Venture

Who would have thought...13 boys making candles! But that was just a small task for these and enthusiastic Transition Year pupils who came up with the idea for their mini company. They appropriately named their mini-company "Waxworks". By investing €10 per student each of the 13 pupils involved became a shareholder. Materials were purchased or recycled and the candles were made. Pupils were very energetic, witty and eager to do as much as they could in order to succeed and, of course, to generate PROFIT. Candles were sold in school and in Blackpool Shopping Centre in May. Pupils received a great response from the public and kindly donated a percentage of the profits to the Guide Dogs for the Blind. To celebrate the success of the venture the pupils involved, along with pupils from the school bank, went on a well deserved outing. Pupils were extremely helpful and a pleasure to work with. A few entrepreneurs in the making!!

Ms. Cotter, Ms. McSweeney

The Year of Class Cian

This year was both surprising and very entertaining. We had lots of trips and activities and, thanks to the teachers, we have become a lot more mature and responsible. We would like to thank the teachers for giving up their valuable time for our trips. Our year began with a trip to the Mardyke for bowling. Then we went to Hop Island for horse riding. Some people had never been on horses before but most people enjoyed it. The *Man Ezeke* came to teach us about Jamacia, Bob Marley, Reggae, his culture and his religion. We were singing and he was playing drums. It was a great laugh. Booyakah booyakah! We made a book based on "Goodnight Mr. Tom" and we went to UCC to view it on display. Later in the year we wrote essays and short stories which resulted in us winning €250 and we went back to UCC to collect the prize money. For the last term we spent Thursday evenings learning how to play Samba. Sarah and Ruth travelled from Dublin with a car-load of drums and at the end we were all playing the drums. We are looking forward to next year already.

The boys of class Cian, Second Year

Thanks and Farewell to Charlotte

A big THANK YOU to Charlotte O'Donovan, Project Worker School Completion Programme, for all of her commitment and dedication during this past year. We wish Charlotte the very best of luck in her new position.



JCSP Awards Ceremony

The Junior Certificate schools programme is a national programme which adopts a creative and exciting new approach to teaching the subjects of the



Junior Certificate. In addition to incorporating innovative methods of teaching and learning, the personal and social development of the students is given special attention. St Aidan's introduced the JCSP programme in 2004 and this year we are proud to acknowledge, to congratulate and to celebrate our very first JCSP class - Class Carthach. We wish each and every one of them well in the forthcoming Junior Certificate Exam. Guests of honour at the recent Awards Ceremony (see photo above) included Jerry Mc Carthy, JCSP National Coordinator and Joan Russell, Education Officer, Co. Cork, VEC.

JCSP Trip to Croke Park

Following Class Carthach's successful trip to Collin's Barracks last year it was decided to organise another trip this year, this time to Croke Park. Mr. Ahern led the group of twenty as we strolled up O'Connell St, past the Spire and the GPO, before arriving in Pairc an Chrocaigh for a guided tour. We were the first school group to be allowed use the new speed camera where Timmy proved to have the strongest kick. After lunch we visited the National Museum and passed the Dail. We returned home on the 6.30pm train thus concluding a most memorable day.

Ms. O'Connell.

Ecology Trip

On the 7th of March our Sixth Year Biology class travelled to Fota Wildlife park to carry out an Ecology study of a woodland habitat. Our day was enjoyable and a nice break

from school (and Ms. Hughes was happy that we were learning something!). We were very impressed by the professionalism of the staff, especially by their ability to answer our many questions. A great day was had by all !!

Angela Long, Class Lean



Irish Junior Mathematics Competition 2006

Round one of the competition was held on Wednesday 15th of March and consisted of a forty minute exam with fifteen multiple choice questions. Class Aodan and class Agata sat this exam. Alison Dowling, Shane O'Neil, James Mulcahy and Ronan Horgan, who achieved the highest marks, were selected and competed in the final (see photo).

The final was an hour long exam which consisted of twenty five multiple choice questions and was held on Saturday 13th of May 2006 in Coláiste an Spioraid Naoimh, Bishopstown. In all, fifty four pupils competed from schools throughout Munster and our four students again did St. Aidan's proud, with each receiving a certificate.

James Mulcahy & Ronan Horgan



Happy Birthday Madeline

The staff of St. Aidan's, and particularly the School Completion Programme and JCSP teams, wish Madeline Forde a very Happy Birthday. Thanks for all your help Madeline.

Cultural Trip to Dublin

The Fifth and Sixth Year Art students joined forces with the Leaving Cert History students for a visual revision of their Leaving Certificate coursework. The students, along with their teachers, assembled bright and early at Kent station and travelled on the 7:00 am train to Dublin. The first stop was a guided tour of the National Gallery which included an exhibition of the work of Evie Home.

This was of particular interest to the History students who are now studying this artist as part of the new syllabus. At the 12.30 we took a break from our cultural activities for a short spot of lunch and some retail therapy on Grafton Street before crossing the road to Trinity College to view the Book of Kells and the Book of Durrow. Inside Trinity we mingled with the other students on the cobbles before making our way to visit the National Museum of Ireland to

view, close up, the Ardagh Chalice and other artefacts much studied in class. Once again we set off on foot to take the Luas to Collins Barracks to view the 1916 Commemorative Exhibition. Next stop was Heuston Station for refreshments before catching the 6.30pm train to Cork. All in all, this proved to be an exhausting yet fulfilling and memorable day. Fingers crossed that these topics will come up in the Leaving Cert!

Ms. B. Muldoon & Ms. A. Bernard

PHOTOS

This Page:

Above Top: Ecology Trip

Centre: Junior Maths

Bottom: Dublin Cultural Trip

Opposite Page:

Centre Left: Mr Fergal Killoury, Shipton Group, with 4th Years on a 'behind the scenes' tour of the Blackpool Shopping Centre.

Centre Right: Class Cian Parents' Coffee Morning.

Centre & Below: Class Carthach, JCSP Awards Ceremony



All Ireland Qualifiers

On the May weekend St. Aidan's Second Year boys basketball team travelled to Dublin to play in the All Irelands qualifiers. The competition was held in St. Benilda's Secondary School. Our first match was against St. Benilda's. St. Aidan's were behind at the end of the first half. In the last quarter both teams were evenly matched, however, St. Aidan's held on to win by one point. On the Saturday night all the team stayed in a Guest House in Dublin. It was a nice place. The food was great!!! Each room had its own television and our room had a fridge as well. Mr. Breen did a good job waking us up early. Our second game started at 9:00am against Galway. This was a hard game with both sides playing good basketball. We lost the game by twelve points. Alas, we did not qualify for the final stages because of aggregate scores but we had a great time together. I want to say thanks to Mr. Coughlan for coaching us during the year and to Mr. Breen for helping us during the weekend.

Oleg Syrotyuk, Class Caitriona



Girls Basketball

St. Aidan's Basketball Club has had a very successful year and this achievement must be attributed to the sheer determination of the players. Their commitment to training was rewarded this year by an outstanding one point victory over Kinsale Community College in the Senior County Final. Jemma O'Regan, Ann Marie Twohig and Nicole McIlwraith were superb in defence and kept their key players very

quiet in the second half, while Maria Kelleher And Therese McEnery fought hard under the board for every rebound. Lydia Cunningham's outstanding scoring ability was a key factor in this victory. Each panel member contributed throughout the competition and the future looks bright with a great Cadette panel in place for next year. Congratulations to Nicole McIlwraith and Orlaith O'Driscoll on their Setanta Sports Awards at the recent prize-giving ceremony.

Ms. Scanlon



Colin Kelleher Challenge Cup

The second Colin Kelleher Annual Five-a-Side Challenge Cup was held in Churchfield in May. The proceeds, which amounted to 1700 euros - 480 euros of which was raised in St. Aidan's, were donated to the Children's Unit of the Mercy Hospital. Colin, a past pupil of St. Aidan's continues to be fondly remembered by all here in the college.

Bernard on Trial for Irish Team

Cycling: it's not just about riding a bike. You have to develop speed and strength in your legs. In a race it's all about tactics with your team mates and if you do not have this you wont be able to stay with the pelaton (group of cyclists). Each time you go training you have to push yourself harder. I started cycling 4 years ago and it took me 2 years to get up to the standard of racing. These were the two hardest years of my life and in all of that time it was just training and going to local races. However, it all paid off. Diet is also very important. If you don't have a healthy diet you wont perform as you should. I went to Belgium for one month's racing with my club. We had great craic but once it gets to the day of the race everything becomes serious. The club stayed in Sean Kelly's Cycling Centre in Belgium. I find cycling gives me a great opportunity to travel. Every weekend we go to different counties. Cycling is a really enjoyable sport.

Bernard Geoghan, Class Caitriona, 2nd Year



PHOTOS: This Page.

Top: Senior Basketball Team.

Middle: Cadette Basketball Team.

Above: Soccer Marathon winning team & teachers' team.

Bottom Leonard Guckian in action.

Opposite Page:

Top: Senior Hurlers.

Middle:

Left: Celebrating Hurling Victory

Right: Sports Day Winners.

Bottom Left: Sports Day Winners.



Historic Hurling Victory in Cork Colleges Competition

Our senior hurlers recorded a historic victory over near rivals Carraig na bhFear in Grenagh on Thursday 18th May. This victory was all the more sweet as Carraig na bhFear had inflicted a heavy defeat on us in the Munster Competition earlier in the year. The 2-7 to 1-8 scoreline did not reflect the terrible conditions that this game was played in. St. Aidan's played against the gale force wind in the first half. This

proved to be a great move as Carraig na bhFear did not take full advantage of the huge gale. In the second half St. Aidan's got the goal that was needed to power them on to a great come back. Aided by the gale it was all Aidan's as they put up a strong resistance to every attack by the opposition. Carraig na bhFear came back and took the lead. However a goal from Man of the Match, Brian Moylan, put us back in front and broke the Carraig spirit allowing Aidan's to claim victory. Scorers :- Conor Dorris 1-1, Eric Nodwell 0-3, Brian Moylan 1-0,

Stephen Hegarty 0-2 and Stuart O Driscoll 0-1.

Team:- Donncha O' Leary, Kieran McEnery, Donal Ryan, Seamus O' Brien, Shane Lynch, Brian Moylan, Derek O Toole, Tomás Horgan, Trevor Sheehan, Leonard Guckian, Stephen Hegarty (Capt.), Eric Nodwell, Kevin Barry, Conor Dorris, Stuart O' Driscoll. Subs:- Terry Howard for Trevor Sheehan and Derek Moylan for Seamus O' Brien, Keith Howard, Aidan Drennan, Eoghan O'Keefe, Michael Noonan, Stephen McDonnell, Christopher Hegarty.



St. Aidan's Annual Sports Day took place on a miserable wet day in May but the rain did not dampen the spirits of the hundreds of students who participated. All of the students, from first to sixth year, who took part were fantastic in their efforts and in their support for each other. Some students received medals for various reasons; for example, Daniel O'Flynn, Transition Year, was an outstanding captain who ensured that all members of his team had equal chance to participate. Leonard O'Farrell broke the

SPORTS DAY 2006

high jump and javelin records (which he set two years ago!) and other students received medals for putting in 110%. The winning team consisted of Charlene McCarthy, Laura Coughlan, David Forde, Luke Crowley, Kelvin O'Sullivan, Derek O'Leary, Anthony Keniry, Kevin O'Brien, Owen Murphy, Ciara McDonnell, Michelle O'Mahony, Cian Kearney, David Linehan, Laura McAuliffe, Donna Ryan, Daniel O'Flynn, Daniel O'Flynn, Ian Mintern, Daniel O'Connor, Jason Scannell.

Ms. N. Guile



A WORD OF THANKS

A special word of thanks to all our ancillary staff, namely, Maeve, Anne, Linda, Eamonn, Christy, Pat and Irene. Your invaluable work behind the scenes, which, in so many ways, is crucial to the effective and efficient running of the school, is truly appreciated.

Blackpool Credit Union Limited



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Opening Hours:

Monday:	9.15am - 4.00pm
Tuesday:	9.15am - 4.00pm
Wednesday:	9.15am - 4.00pm
Thursday:	9.30am - 4.00pm
Friday:	9.15am - 6.30pm
Saturday:	9.15am - 12.00pm

List of Services and Budget Payments

Gas	VHI	Foreign Exchange
Telephone	BUPA	Insurance Payments
ESB	Rail Tickets	Insurance Benefit
Multichannel Gift Drafts		Sky Digital
Financial Counselling		Corporation Rents